

## FW: Two Positive COVID Results - Round Lake Area Library

Jim DiDonato <jdidonato@rlalibrary.org>

Wed 10/21/2020 11:43 AM

To: Global <Global@rlalibrary.org>

We reported our positive COVID cases to the state and to Lake County Health Department. Here are some tips the state sent back. There's a lot of info here. They cover popular topics, including suggested places to get additional tests, so peruse it if you get a chance.

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**From:** DPH.Sick <DPH.Sick@Illinois.gov>

**Sent:** Tuesday, October 20, 2020 5:16 PM

**To:** Jim DiDonato <jdidonato@rlalibrary.org>

**Subject:** Automatic reply: Two Positive COVID Results - Round Lake Area Library

Thank you for your email. The IDPH COVID-19 team will respond to it as soon as possible. In the meantime, the following information may assist in answering questions.

### Health-Related Concerns

#### What are the symptoms of coronavirus?

Fever or chills, cough, and shortness of breath or difficulty breathing are the most reported symptoms by patients with COVID-19. Other symptoms that have been reported are headaches, muscle or body aches, fatigue, diarrhea, nausea or vomiting, congestion or runny nose, and new loss of taste or smell. There also are reports of a pediatric multisystem inflammatory syndrome among some children and young adults. This syndrome does not appear to be common given the few cases reported and the high number of persons with COVID-19. However, if your child is feeling sick, including having a persistent fever, seek medical care. We are still learning about the ways this virus causes illness.

#### Symptomatic or concerned about exposure to COVID-19

Every Illinoisan plays a role in ensuring our health care system remains fully operational to treat patients in need of urgent care. If you are experiencing symptoms of any illness, including COVID-19, the first thing you should do is:

**Call a health care provider** like your primary care physician or a health clinic. A health care provider will ask about your symptoms and potential exposures. If they think you need medical care, they will help arrange for a medical visit. Do not walk into an emergency room or a doctor's office without calling first.

People whose symptoms are mild should follow the advice of their health care providers and may be able to isolate at home during their illness.

Remain at home for at least 10 days since your symptoms first appeared **and** 24 hours after your fever has resolved without the use of fever-reducing medications **and** symptoms have improved. Keep in mind there is no treatment for COVID-19 and people mildly ill may be able to isolate at home. If you need medical attention, contact your health care provider who will evaluate whether you can be cared for at home or need to be hospitalized. Generally, consult your health care provider if you have a fever, cough, trouble breathing, or other flu-like symptoms that are not better or are worsening after 24-48 hours. If you have mild symptoms, pregnant, immunosuppressed or an older adult with chronic health conditions, consult your health care provider.

If you need immediate medical attention, call ahead before seeking care so your health care provider can protect themselves, staff, and other patients. If you are having a medical emergency, call 911. If you think you have been exposed to COVID-19, notify the dispatcher so emergency medical services personnel can take steps to protect themselves.

### **I want to be tested for COVID-19**

This email account is not able to assist with testing, cannot make decisions about who should be tested, or communicate results.

If you do not have symptoms, testing is not recommended. If you are tested while you don't have symptoms and you get a negative result, it might be because you were tested too soon and would need a repeat test. At this time, evidence indicates people are most likely to spread the virus when they are symptomatic (i.e., coughing), which is another reason testing is focused on individuals with symptoms.

### **Testing Guidelines:**

Anyone can be tested at a state-run testing site.

#### **What to Bring**

No pre-registration is required. Patients seeking testing should bring:

- Photo ID and a phone number where you can receive results.
- Health insurance card (everyone will be tested regardless if they have insurance).
- The state may try to recoup money from your insurance company for the cost of testing but will not bill the person tested.
- Health care or first responder ID (if available).

A list of state testing sites can be found online at <https://coronavirus.illinois.gov/s/testing-sites>. Note some sites have specific requirements for testing, so check their websites and call ahead for more information.

### **What if I have no health insurance?**

Visit the Illinois Department of Insurance at <https://insurance.illinois.gov/NewsrIs/2020/03/COVID-19-FAQ.pdf>. You also may visit <https://findahealthcenter.hrsa.gov/> to find a Federally Qualified Health Center (FQHC) near you. An FQHC is a community-based organization that provides comprehensive primary care and preventive care, including health, oral, and mental health/substance abuse services to persons of all ages regardless of their ability to pay or health insurance status.

### **What if I have no primary health care provider?**

If you have no health care provider, contact your local health department for options in your area. Many providers in local areas are hosting specific locations for respiratory assessment and a local health department will be aware of what is available in your area. These options change daily. A list of local health departments and their contact information is located

at [http://www.idph.state.il.us/IDPHPrograms/v\\_LHDDirectory/Show-V-LHDDirectory-Public.aspx](http://www.idph.state.il.us/IDPHPrograms/v_LHDDirectory/Show-V-LHDDirectory-Public.aspx)

### **I may have been exposed directly or indirectly to someone with COVID-19. What do I do?**

Contact your health care provider for medical assessment and individualized recommendations. You generally need to be in close contact with a sick person to get infected. Close contact includes:

- Living in the same household as a sick person with COVID-19.
- Caring for a person with COVID-19.
- Being within 6 feet of a person with COVID-19 for several minutes.

- Being in direct contact with secretions from a person with COVID-19 (e.g., being coughed on, kissing, sharing utensils, etc.).

Additional information can be found at

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/personal-guidance-and-testing>

-  
or

-  
[http://www.dph.illinois.gov/sites/default/files/COVID19/COVID%20exposed%20\\_1.420200317.pdf](http://www.dph.illinois.gov/sites/default/files/COVID19/COVID%20exposed%20_1.420200317.pdf)

### **I am a doctor and I want to discuss a specific case or symptoms.**

Contact your local health department to discuss questions about testing decisions and results.

### **Data**

#### **Where exactly are the people with positive tests?**

There is a map on the IDPH website at <http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus> showing the number of positive cases per county.

#### **Can you post information about the number of COVID infections in my city?**

Visit the IDPH website at <https://www.dph.illinois.gov/covid19/covid19-statistics> for the number of positive tests by ZIP code.. ZIP codes with five or fewer positive tests will not display the number of positive tests due to patient privacy concerns.

#### **Why don't you post more information about hospitalizations or those recovered?**

IDPH is working to provide additional COVID-19 data. Hospitalization utilization data is now available at <http://dph.illinois.gov/covid19/hospitalization-utilization>.

#### **Outbreaks in a specific long-term care facility**

Reported outbreaks and deaths by facility can be found on the IDPH website at <http://dph.illinois.gov/covid19/long-term-care-facility-outbreaks-covid-19>.

Click on "county, and nursing homes in that county with reported COVID-19 cases and deaths will appear. The website is updated weekly.

Executive orders issued by Gov. JB Pritzker regarding the COVID-19 pandemic can be found at <https://coronavirus.illinois.gov/s/resources-for-executive-orders>.

### **Public Information/Restore Illinois**

Beginning Friday, June 26, per Executive Order 2020-43, each region in the state entered Phase 4 of the Restore Illinois plan. Gatherings of up to 50 people are allowed. Restaurants and bars, child care, and schools may open with limited capacity and must follow strict public health procedures, including providing personal protective equipment for employees. Wearing a face covering at work and in the public is required for persons over 2 years of age and medically able, and people are encouraged to practice social distancing.

Free exercise of religion is exempt from the Executive Order, but to protect the health and safety of faith leaders, staff, congregants, and visitors, religious organizations and houses of worship are encouraged to

consult and follow the IDPH recommended practices and guidelines. As set forth in the IDPH guidelines, the safest practices for religious organizations at this time are to provide services online, in a drive-in format, or outdoors (and consistent with social distancing requirements and guidance regarding wearing face coverings), and to limit indoor services to 50 people. Religious organizations are encouraged to take steps to ensure social distancing, the use of face coverings, and implementation of other public health measures.

The full executive order is available at <https://www2.illinois.gov/Pages/Executive-Orders/ExecutiveOrder2020-43.aspx>.

### **Questions about Businesses Reopening in Violation of the Executive Order or Phase 4**

If you believe a business is violating the Executive Order or Phase 4 reopening plan, you may contact the Illinois Department of Commerce and Economic Opportunities (DCEO) at 1-800-252-2923 or [CEO.support@illinois.gov](mailto:CEO.support@illinois.gov). You also can file a complaint at <https://app.smartsheet.com/b/form/da22b3bda11940338dc00628e56486fd>.

If you believe a business is violating the Executive Order by not allowing for safe social distancing, wearing of face coverings, or maintaining a safe and sanitary work environment to minimize the risk of COVID-19, you may contact the Illinois Office of the Attorney General's Workplace Rights Hotline at 1-844-740-5076 or file a complaint at [https://www.illinoisattorneygeneral.gov/rights/labor\\_employ.html](https://www.illinoisattorneygeneral.gov/rights/labor_employ.html).

If you observe a flagrant violation of the Executive Order, such as a bar or restaurant having a full room of customers eating in or an indoor movie theater continuing to operate, contact your local law enforcement.

### **Events and Gatherings**

Per Governor Pritzker's June 26, 2020 Executive Order, any public or private gathering of more than 50 people is prohibited unless exempted by the Executive Order. Nothing in the Executive Order prohibits the gathering of members of a household or residence. Because in-person contact presents the greatest risk of COVID-19 transmission, Illinoisans are encouraged to continue limiting in-person contact with others and to expand their social contacts cautiously. Gathering remotely continues to be the safest way to interact with those outside a household or residence.

Outdoor recreation activities, such as driving ranges, outdoor shooting ranges and adventure courses can reopen, with individual stations spaced 10 feet apart. Groups are limited to 50 or fewer people while following social distancing guidelines. Clubhouses and communal gathering spots can reopen in Phase 4.

All state parks and concessions are open, with concessions operating under the same guidelines as other restaurants and retailers. Golf courses are able to allow foursomes and use of carts can resume with one person per cart, unless they are members of the same household. Camping and boating are allowed in groups of 10 or fewer, or members of the same household, with social distancing and other precautions, as established by the Illinois Department of Natural Resources.

Places of public amusement like that can reopen include arcades, bingo halls, escape rooms, ice skating, roller skating, laser tag, driving ranges, outdoor shooting ranges, paintball courses, and outdoor adventure parks. Water parks and recreational swimming are allowed to reopen, as are zoos, botanical gardens, museums, movie theaters, and concert and music halls with occupancy limitations. Amusement parks, trampoline parks, and indoor playgrounds are to remain closed.

### **Day Care**

Many child-care homes and centers have been open and providing emergency care to the children of essential workers during the COVID-19 pandemic under an emergency license obtained through the Illinois Department of Children and Family Services. Other licensed day care programs may reopen under Phase 4 subject to guidance from IDPH.

Child-care programs that have been closed can reopen in Phase 4, but are required to develop a Reopening Plan that ensures they have revised operational and preparedness policies in place before opening. These programs also are required to operate at a reduced capacity to support successful implementation of the heightened health and safety standards.

**Day care workers that need advice about infection control practices in the day care setting and what to do with sick employees can be directed to IDPH guidance at <https://www.dph.illinois.gov/covid19/community-guidance/daycare-centers>**

### **Schools**

The Illinois State Board of Education (ISBE) has released guidelines that allow students to safely return to the classroom this fall. The guidelines were developed with input from IDPH and 56 educators, superintendents, social workers, nurses, and other stakeholders from across the state.

### **Bar and restaurant closures**

Under Phase 4, indoor dining at restaurants can reopen with groups of 10 or less, with tables spaced 6 feet apart in seated areas and with standing areas at no more than 25 percent capacity. Outdoor dining and drinking reopened under Phase 3, including rooftop establishments, but retractable roofs must stay open. All businesses are advised to implement a reservation or call-ahead system, and customers are asked to wear a face covering over their nose and mouth except for when they are eating and drinking at a table. Businesses that offer food or beverages for on-premises consumption—including restaurants, bars, grocery stores, and food halls can continue to serve food and beverages to be consumed off-premises, as permitted by law, through delivery, drive-through, and curbside pick-up.

Bars and restaurants located in airports, hospitals, and dining halls in colleges and universities are exempt from the requirements of Governor Pritzker's June 26, 2020 Executive Order.

### **Restore Illinois Business Guidance**

On May 5, Governor Pritzker released Restore Illinois, a five-phased plan to reopen the state, guided by health metrics and with marked by distinct business, education, and recreation activities characterizing each phase. The Restore Illinois plan recognizes the state's economy will start growing again when consumers feel it is safe to return to work, shop and dine out, and engage in social and recreational activities. Under the Restore Illinois framework, certain businesses and activities can resume in Phase 4 with IDPH-approved safety guidance in place.

#### **[Read the Plan](#)**

To prepare businesses and employers to implement the new safety guidelines and to bring many residents back to work, the state has developed a business toolkit complete with signage, training checklists, and other resources to ensure business and activities are conducted in accordance with the latest public health recommendations.

In addition to industry-specific guidelines, DCEO and IDPH have developed a common set of standards businesses must follow. These standards include the required use of face coverings, social distancing, and informational signage on site, among other preventative measures. The Phase 4 business toolkit can be found at <https://dceocovid19resources.com/restore-illinois/restore-illinois-phase-4/>.

Industry guidelines for Phase 4 include:

- Manufacturing
- Health and Fitness Centers
- Personal Care Services
- Offices
- Retail
- Indoor and Outdoor Recreation
- Service Counters
- Day Camps
- Youth Sports
- Indoor and Outdoor Dining
- Film Production
- Theaters and Performing Arts
- Museums
- Zoos

Outdoor Seated Spectator Events

Also posted on the DCEO website are industry-specific guidelines for each of these categories. Each guidance includes: a description of businesses to which the guidance is applicable, a common set of guidelines that are expected and encouraged among all employers and activity types, and workplace and program-specific guidelines.

For the industry-specific definitions and guidelines, visit the DECO website at

<https://dceocovid19resources.com/restore-illinois/restore-illinois-phase-4/>

## **Business Information**

### **Business Financial Assistance**

Additional information about assistance directly for businesses can be found

at <https://www2.illinois.gov/sites/coronavirus/Resources/Pages/EconomicAssistance.aspx>

### **Business preparedness and prevention**

Additional information can be located at:

<http://www.dph.illinois.gov/topics-services/diseases-and-conditions/diseases-a-z-list/coronavirus/business-guidance>

<https://www2.illinois.gov/sites/coronavirus/FAQ/Pages/Business-FAQ.aspx>

## **Individual/Household Assistance**

### **Unemployment Guidance**

Information for those unemployed as a result of COVID-19 can be located here:



<https://www2.illinois.gov/ides/Pages/COVID-19-and-Unemployment-Benefits.aspx>

<https://www2.illinois.gov/sites/coronavirus/FAQ/Pages/Unemployment-FAQ.aspx>

This email account cannot assist with the filing of unemployment or individual questions as that is conducted through the Illinois Department of Employment

Security (IDES) [https://www2.illinois.gov/ides/aboutides/Pages/Contact\\_IDES.aspx](https://www2.illinois.gov/ides/aboutides/Pages/Contact_IDES.aspx).

### **Personal Financial Assistance**

Information on where to get various types of individual economic assistance during the COVID-19 pandemic is available

at <https://www2.illinois.gov/sites/coronavirus/Resources/Pages/EconomicAssistance.aspx>

- The local Community Action Agency (CAA) also may be able to help with things like rent and food.

Visit this website for information on the local

CAA: <https://www2.illinois.gov/dceo/CommunityServices/HomeWeatherization/CommunityActionAgencies/Pages/default.aspx>

The Illinois Department of Human Services (IDHS) has filed a federal waiver to ease eligibility requirements for food assistance programs like SNAP and WIC, which cover 1.8 million Illinoisans and 174,000 pregnant women and parents of young children, respectively. If you are already part of IDHS's services, continue to contact them for further information.

### **Assistance thru the Illinois Department of Human Services (IDHS) (mental health, food shelter)**

IDHS has developed a text messaging tool called "Calm 4 Calm" to link people with needed information. IDHS' network of Community Mental Health Centers and other specialists will provide free and anonymous (first name and ZIP code are all that will be requested) responses via text from text messages received from people needing assistance or information needed to navigate various support services, as follows:

1. For mental health support text "talk" to 552020 (will be followed up with a call within 24 hours from a mental health counselor).
2. For mental health support in Spanish text "hablar" to 552020 (will be followed up with a call within 24 hours from a Spanish speaking mental health counselor).
3. For unemployment support text "unemployment" to 552020.
4. For food support text "food" to 552020.
5. For shelter support text "shelter" to 552020.
6. For recovery support text "recovery" to 552020.

More information also is available at <http://www.dhs.state.il.us/page.aspx?item=123529>

### **Illinois COVID-19 Response Fund**

An Illinois COVID-19 Response Fund supported by private donations has been established. More than \$30 million has been raised and more than half has been distributed through grants to community-based organizations to provide support to residents in need of emergency food and basic supplies, interim housing and shelter, primary health care services, and utility and financial assistance. The list of about organizations funded to date in Round 1, Round 2, Round 3, and Round 4 can be found at <https://ilcovidresponsefund.org/>. This may be another source of emergency assistance, in addition to resources such as SNAP benefits, IDHS text support, local food banks, and utility relief to connect people in need with.

### **Employment Practices/Reporting Violations**

## Where can I report employers that I believe have unsafe conditions due to COVID-19?

If you believe your working conditions are unsafe or unhealthful, you may file a complaint with federal OSHA or Illinois OSHA.

File a complaint with **FEDERAL OSHA** if you work for a private sector employer (e.g., example: gas stations, manufacturer, retail business establishment, restaurant). [Private Sector Complaint Form](#)

File a complaint with **ILLINOIS OSHA** if you work for a state and local government employer (e.g., public works departments, police and fire departments, state of Illinois offices and agencies). [State and Local Government Complaint Form](#)

## What are my rights related to employment and accommodations due to COVID-19?

**The Illinois Office of the Attorney General (OAG)** is taking measures to address both the obligation to serve the public and the state and the concern for the well-being of employees and the general public health in light of the COVID-19 pandemic. The Illinois Attorney General Workplace Rights Bureau protects and advances the employment rights of Illinois residents, particularly the state's most vulnerable residents and immigrant populations. The bureau investigates and litigates cases involving serious or persistent wage law violations or other significant employment practices, and monitors and proposes legislation concerning labor and employment issues.

For more information or to file a complaint about an employer's practices, call the Workplace Rights Hotline at (844) 740-5076 or file a complaint

at [https://www.illinoisattorneygeneral.gov/rights/labor\\_employ.html](https://www.illinoisattorneygeneral.gov/rights/labor_employ.html)

The OAG's Workplace Rights Bureau is using its hotline (844) 740-5076 and email [workplacerrights@atg.state.il.us](mailto:workplacerrights@atg.state.il.us) to receive complaints of employers and businesses failing to abide by the social distancing, face coverings, and safe and sanitary workplace guidelines specified in the Governor's Executive Order. The OAG is investigating these complaints pursuant to its authority to initiate actions related to "the safety of the workplace," 15 ILCS 205/6.3(b), which includes ensuring compliance with emergency executive orders issued to mitigate the spread of the COVID-19 disease. The OAG's efforts have primarily focused on obtaining voluntary compliance from employers. The OAG is currently well positioned, however, to identify opportunities for strategic collaboration with local health departments to leverage their expertise to provide guidance to employers on social distancing requirements in the workplace.

*You may also contact the Illinois Department of Labor for guidance on issues related to employment, included paid leave. Their general website is located at <https://www2.illinois.gov/idol/Pages/default.aspx>* The Illinois Department of Human Rights administers the [Illinois Human Rights Act](#), which prohibits discrimination with respect to employment, financial credit, public accommodations, housing and sexual harassment, and sexual harassment in education.

## How do I file a charge of discrimination during the COVID-19 pandemic?

Charges of discrimination can be filed during the COVID-19 pandemic by:

- 1) **Email** an IDHR Complainant Information Sheet (CIS) to [IDHR.Intake@illinois.gov](mailto:IDHR.Intake@illinois.gov).
- 2) **Fax** an IDHR Complainant Information Sheet (CIS) to (312) 814-6251, **Attn: Intake Unit**.
- 3) **Mail** an IDHR Complainant Information Sheet (CIS) to:  
Illinois Department of Human Rights (IDHR)  
Attn: Intake Unit  
100 W. Randolph St, Suite 10-100  
Chicago, IL 60601



You may download an [IDHR Complainant Information Sheets \(CIS\) here](#). For more information, review the [Frequently Asked Questions](#) page on IDHR's updated procedures during the COVID-19 pandemic.

**Where can I find additional information about volunteerism and donations?**

The website [www.serve.illinois.gov](http://www.serve.illinois.gov) is the state's Commission on Volunteerism and Community Service, Serve Illinois. There will be opportunities to volunteer if you meet appropriate standards, including medical volunteer opportunities, as well as a list of donations that are needed. Donation requests are limited to specific personal protective equipment (PPE) for first responders and do not include fabric/homemade masks at present. To donate PPE, email [ppe.donations@illinois.gov](mailto:ppe.donations@illinois.gov).

**I am a health care worker and want to volunteer**

Health care workers can volunteer to help with the response. Visit <https://illinoishelps.net/> to sign up. Health care providers who register on that website may be potentially contacted to work in a hospital surge or alternative housing setting.

Governor Pritzker has announced that if your license has expired, there are measures in place to expedite renewal. Additionally, license renewal deadlines have been extended to September 30, 2020.

See <https://www.idfpr.com/> and <https://www2.illinois.gov/Pages/news-item.aspx?ReleaseID=21290> for more information. Out-of-state clinicians can find out more about temporary practice permits to work in Illinois at <https://www.idfpr.com/FAQ/COVID19/FAQS%20-%20COVID19%20OUT%20OF%20STATE%20TEMP%20PERMIT.pdf>

**Other Volunteer Opportunities**

Additional ways to volunteer with the COVID-19 response are available at <https://www2.illinois.gov/sites/coronavirus/Resources/Pages/VolunteerOpportunities.aspx>

We hope these frequently asked questions are helpful. We will be responding to your specific email as soon as possible.

Sincerely,

The IDPH COVID-19 Team

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