

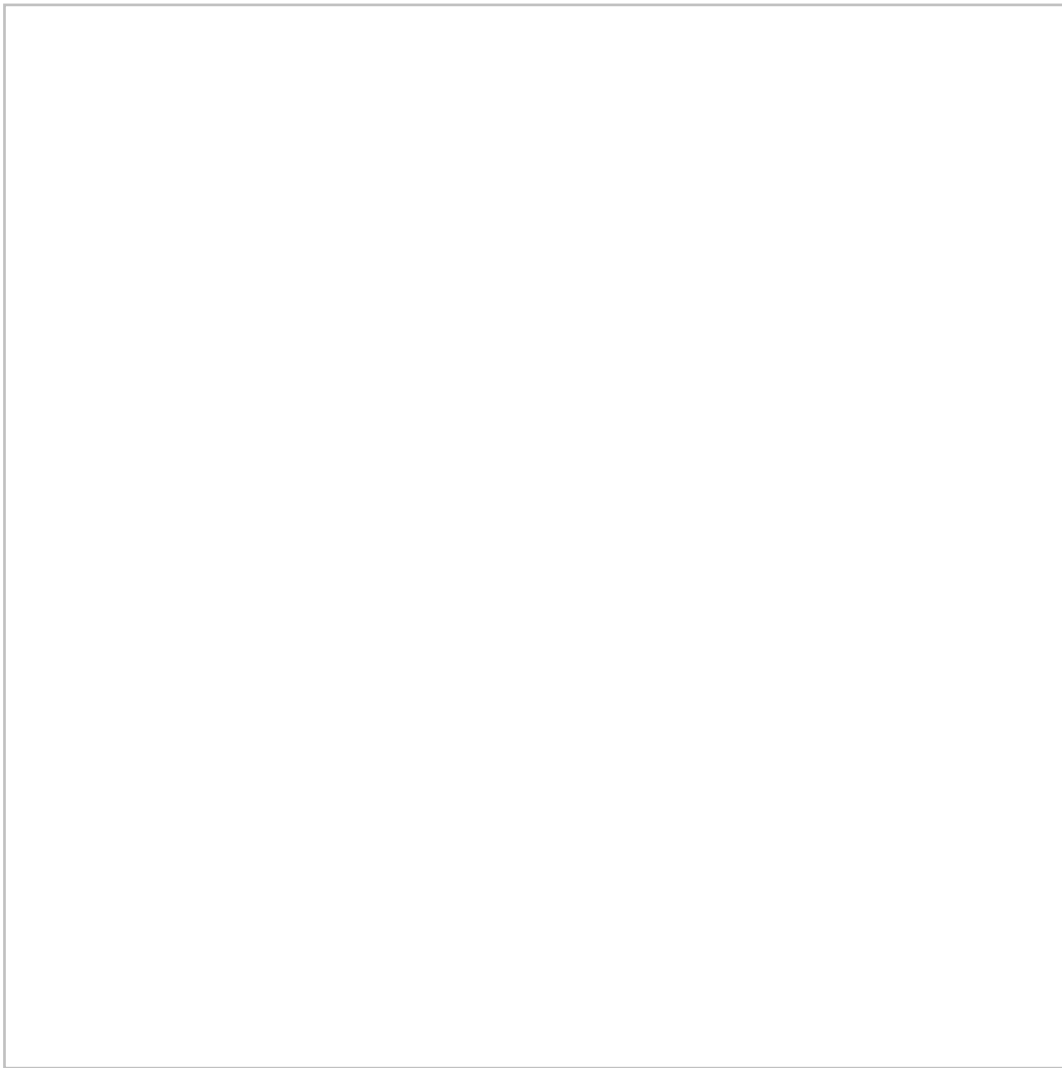
From: [NYCPG](#)
To: [Lepak, Michael \(GAMING\)](#)
Subject: Tonight! NYCPG Facebook LIVE on Mental Health & Wellness
Date: Tuesday, June 28, 2022 1:59:47 PM

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NYCPG is going LIVE on Facebook with Dr. Deborah Haskins to talk about Mental Health & Wellness

Tuesday, June 28th @ 7:30PM EST



During the Covid-19 Pandemic we have all seen how important mental wellbeing and wellness is. With so many challenges presented, risky gambling and gaming has increased. In this Facebook live event Dr. Haskins will talk about the risk factors influencing mental wellbeing and risky gambling, gaming and addictions behavior including cultural and social justice risk. You will get an overview of a wellbeing assessment for personal assessment and learn strategies to support mental wellbeing and reduce problem gambling/addictions behavior.

How do I register?

[CLICK HERE TO REGISTER ON ZOOM](#)

Or you can join us on Facebook Live.

Just go to the [New York Council on Problem Gambling Facebook Profile](#).



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