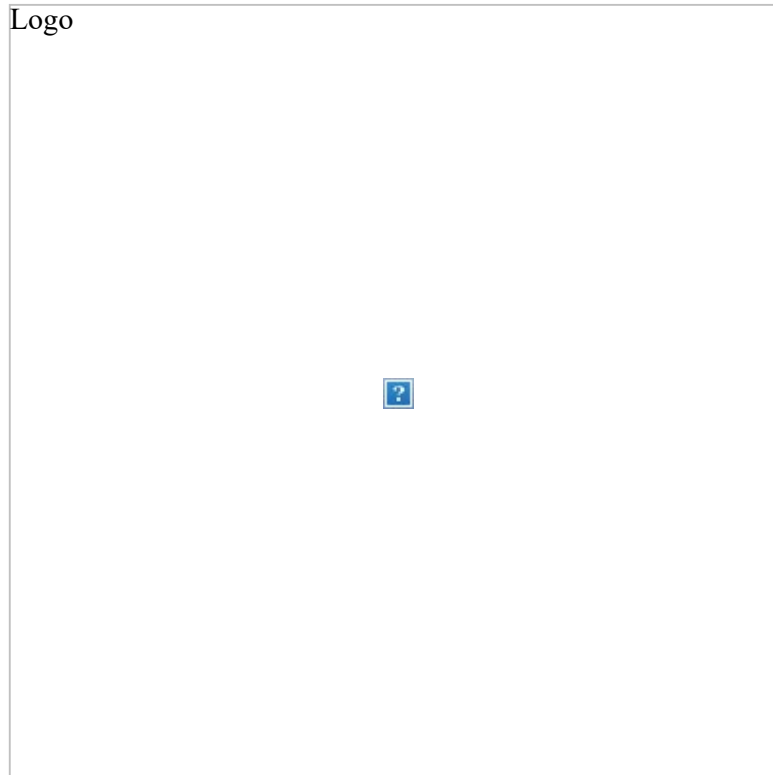


From: [Colleen Jones](#)
To: [Williams, Robert \(GAMING\)](#)
Subject: NEXT WEEK: May 9th Nostalgia Webinar
Date: Monday, May 2, 2022 12:29:39 PM

ATTENTION: This email came from an external source. Do not open attachments or click on links from unknown senders or unexpected emails.

[View this email in your browser](#)



Join Us: 2022 Special Webinar Series

Developing Discrepancy Between the Past and Present: Leveraging Nostalgic Reverie to Facilitate Behavior Change Among Those Engaged in Addictive Behavior

May 9th, 2022 12PM - 1PM EST

1.0 OASAS, SW, MHC, IGCCB



Register Here

Among disordered gamblers, only 7% take the necessary steps to remove those behaviors from their repertoire. In this webinar, we will discuss research conducted that has tested the behavior change utility of a highlighting discontinuity between the present (addicted self) and past (non-addicted self) to the disordered gambler – a relationship that is driven by a longing for the past self (i.e., nostalgia). Data will be presented that supports the idea that nostalgia builds on the ‘developing a discrepancy’ principle in motivational interviewing. Discussion will focus on the utility of highlighting the difference between people’s past, non-addicted and present, addicted selves as an important catalyst in moving gamblers from addiction to action. Additionally, we will focus on how the knowledge gained can be used by researchers, treatment providers, and industry professionals to help disordered gamblers engage in behavioral change

Presenter: Dr. Michael Wohl



Dr. Michael Wohl is a Professor and Graduate Chair in Psychology at Carleton University. People in his Betterment Labs focus their research on, among other things, factors that contribute to addiction (e.g., gambling) and refusal to seek treatment. The majority of this work has focused on erroneous cognitions (e.g., perceptions of luck), craving, and contextual factors (e.g., socio-economics) as predictors of continued gambling behavior. Recently, Wohl has examined why disordered gamblers are reluctant to seek professional help and means to motivate behavioral change (e.g., promoting nostalgic reverie for the pre-addicted self).

Dr. Wohl has published over 200 academic papers and reports. He is the recipient of, among other recognitions, the 2019 International Center for Responsible Gaming’s Research Achievement Award and the 2021 National Council on Problem Gambling’s Research of the Year Award. He is a Fellow of the American Psychological Society and the Society for Personality and Social Psychology. To facilitate his research, Wohl has received funding from organizations including, International Center for Responsible Gaming Canadian Foundation for Innovation, Social Sciences and Humanities Research Council of Canada, Australian Research Council, Defense Research and Development Canada, and Ministry of Health and Long-Term Care.



Logo



Copyright (C) 2022 New York Council on Problem Gambling. All rights reserved.
You are receiving this email because you have opted to receive notices from the New York
Council on Problem Gambling.

Our mailing address is:
New York Council on Problem Gambling
100 Great Oaks Blvd
Suite 104
Albany, New York 12203

[Add us to your address book](#)

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe](#)