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From : "Apple News" newsdigest@insideapple.apple.com

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Subject : The mother who stole her daughter's identity, how to spot adult ADHD, and more



Good Morning From Apple News

It's Saturday, December 17. Here's what to read this weekend.

FIVE GREAT WEEKEND READS



 **News+** Audio

She Just Wanted to Be 22 Again

A troubled woman wanted a new identity. So she stole her daughter's.

ELLE >



 **News+** Audio

The Untold Story of the Texas Family That Stormed the Capitol

The Munns lived a rather quiet and ordinary life. January 6 changed that.

TEXAS MONTHLY >



Bodybuilders Are Dying in Order to Win
Coaches and judges encourage contestants to go to extreme lengths for a competitive edge. Sometimes the consequences are deadly.

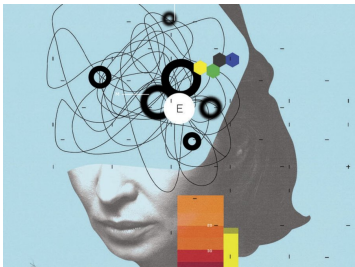
THE WASHINGTON POST >



They Take a Vacation Every Month. Their Boss Has No Idea.

“My mom always says: ‘In life, you either have time or money’ ... I seem to have found a way to have both.”

BUSINESS INSIDER >



News+

Is It Just Forgetfulness — or Something More?

How to spot undiagnosed adult ADHD.

AARP BULLETIN >

COVER STORY



News+

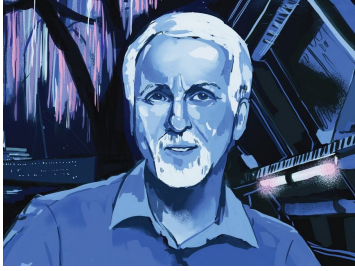
Jennifer Coolidge Has Had Quite a Year

In an interview with Ariana Grande, the *White Lotus* star talks about haters, finding success in her 60s, and the best sex of her life: “It was definitely the youngest

fellow.”

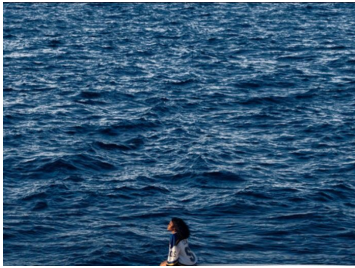
ENTERTAINMENT WEEKLY >

WEEKEND PURSUITS



One thing to watch: With *Avatar: The Way of Water*, James Cameron takes his biggest risk yet.

[THE RINGER >](#)



One thing to listen to: A breakdown of every song on SZA’s long-awaited new album, *SOS*.

[VULTURE >](#)



One thing to read: Author Ted Conover moved to one of America’s “forgotten” places. He found conspiracy theories, opioids, and guns.

[THE ATLANTIC >](#)



One thing to eat: With a festive swirl, the humble brownie becomes the belle of the ball.

[THE WASHINGTON POST >](#)

Game on, sports fans

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