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Working remotely and self-care

89 messages

Julie Milavec <jmilavec@dglibrary.org>

Tue, Mar 17, 2020 at 11:09 AM

To: All Staff <staff@dglibrary.org>

Bcc: libraryboard@dglibrary.org

Dear staff,

I want to address work expectations while we're physically closed. It's great for people to be productive and, for some of us, work can even be a way to help us process and cope with what's going on around us. Having said that, I also want to urge all of you who are working from home not to overdo it during this temporary closure. Each of us, in our own way, is faced with managing some pretty heavy stuff across different areas of life (physical health, mental health, finances, personal relationships, caring for family and pets, etc.). The goal during this period of temporary closure, as far as I'm concerned, isn't to do ALL THE THINGS and go 100 miles per hour. Rather, what I'm hoping for is that we all get through this as healthy as possible, ready to serve our community once it comes time to re-open the library.

Since the library's closing on Friday, many of us will not see each other again for a while. It's important to remember that even though we're not physically together every day like we have been, we are still a community. Let's all support one another and be well as a community. Let's be gracious with one another, understanding that each person is doing what they need to get through all of this. I promise I will try to do this for myself and hope all of you do the same! Even though we are not able to work together in the same physical locations right now, it doesn't mean we need to stop being a community. No one is alone in this. Isolation is hard. Send those happy things like finding Dan Farris, who'd performed at DGPL, just made the cut on The Voice. Reach out to each other.

We will return to the library and resume our service to the public. We will be ok. Stay safe and know how very valued you are.

Until we all gather again,

Julie M. Milavec

Director

My pronouns: she/her/hers

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Bcc: Board of Library Trustees